

## When Employees Should Stay Home

- Fever > 100.0 F
- New Onset Cough
- New or unusual shortness of breath, NOT related to allergies
- IF YOU HAVE 1 OF THE 3 SYMPTOMS LISTED ABOVE, STAY HOME
  
- Chills
- Muscle aches
- Sore throat
- Recent loss of sense of smell or taste
- IF YOU HAVE 2 OR MORE OF THESE SYMPTOMS, STAY HOME
  
- Return to work
  - No fever (without use of medication) for at least 24 hours (previously 72) AND
  - Symptoms have improved over the same time frame AND
  - 10 (previously 7) days have passed since symptoms first began
  
- If you are exposed to someone with COVID 19 or a member of your household is sick with these symptoms or has been diagnosed with possible COVID-19, STAY HOME
  - Return to work date is 14 days after exposure
    - No fever (without use of medication) for at least 24 hours AND
    - Symptoms have improved over the same time frame AND
    - 10 days have passed since symptoms first began
  - If you test positive but have no symptoms, isolation is 10 days after date of test.
  
- If you are fully vaccinated and have been exposed, you do not need to stay home. However, you should get tested 3-5 days after exposure, even if you don't have symptoms and wear a mask indoors in public for 14 days following exposure or until you receive a negative test result.

Questions? Contact your supervisor.